

Top tips for managing your money at university

In Newcastle, cost of living and student rents are generally lower than the UK average*, but we know managing your money at university can still be a challenge.

To help you balance your student budget, we have put together these top tips:

*QS Best Student Cities



Student life

Download student apps for great discounts: [yoyo](#) offers 10% discount on drinks, meals and snacks across campus cafes; [TooGoodToGo](#) can help you reduce food waste and you get a wallet-friendly treat

Cycle to save on transport costs: follow [@NCLSusCampus](#) for helpful information on cycling to campus, including free bike repairs

Bring your own lunch: communal spaces, such as libraries and the Sports Centre, have microwaves to warm up your food

Apply for a [participation bursary](#): get financial support to join a club or society from our Students' Union

Our Students' Union will be launching a food bank soon: we can also provide food vouchers in an emergency

University accommodation

Join our FREE social events: our ResLife team offers a [year-round programme of events and activities](#) for students living in our accommodation

Use the cheapest laundrettes in the city: we are subsidising all University communal laundry facilities

Sport and wellbeing

Try our world-class sports facilities for FREE: enjoy a free introductory trial until 2 October or two weeks free subscription for existing members

Get free equipment hire: all our sports equipment is free to use in our Sports Centre

Be supported – 24/7: Access peer support through our Talk Campus service; take small steps to improve and maintain your wellbeing with our iNCLude app; or get dedicated support from our Postgraduate Support Services

Pick up free sanitary products: available on campus and from our outdoor sports facilities. We were the first university in England to provide free sanitary care for students

Join a wellbeing workshop: for support and advice if you are feeling stressed or anxious about money matters

Study savers

Borrow, don't buy: check out the e-books available from our Library Service before you buy everything on your reading list

Make the most of our study spaces: book individual study spaces, group study rooms or booths; some are available 24/7

Ask our [friendly library team](#) about using our free resources: we have four libraries on campus and our Library Service is award-winning

Financial support

Find a part-time job: visit our [Careers Service](#), sign up to [MyCareer](#), or join our [Part-Time Jobs Fair](#) (4–5 October, the Venue, NUSU) for job opportunities on campus and further afield

Join our money management course in Canvas: learn how to manage your money, budget, and stay safe from fraud

Email our student finance team: get support and advice, ranging from details of our payment plans to our hardship funds

For Research students

'Make It Happen' with our fund: access financial support to attend conferences or cover small amounts of research costs. More details coming soon in our PGR newsletter

Work on campus: use our dedicated PGR work-spaces available across campus and in most academic Schools

Get tailored support: Find out more about our package of support for PGR students [here](#)

Need a little extra help

Contact our Student Welfare Team on 0191 208 3333 or by [email](#) (during office hours)

Access support from the [NUSU Student Advice Centre](#)

Visit our Students' Union [Welfare and Support Centre](#)

Get [Emergency and Out of Hours help](#)